**Your Story**

Appreciative Inquiry Activity

Paired interviews

You are going to interview your partner for their story.

Interviewing tips

* Let the person tell their story
* Be genuinely curious and caring
* Respect confidentiality
* Probe to learn more (watch for excitement!)
* Allow for silence
* Listen, listen, listen!

Think about the time when you felt the most alive, most involved or most exited.

What were you doing?

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Where were you?

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When did this occur?

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Who were you with?

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

How did it make you feel?

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